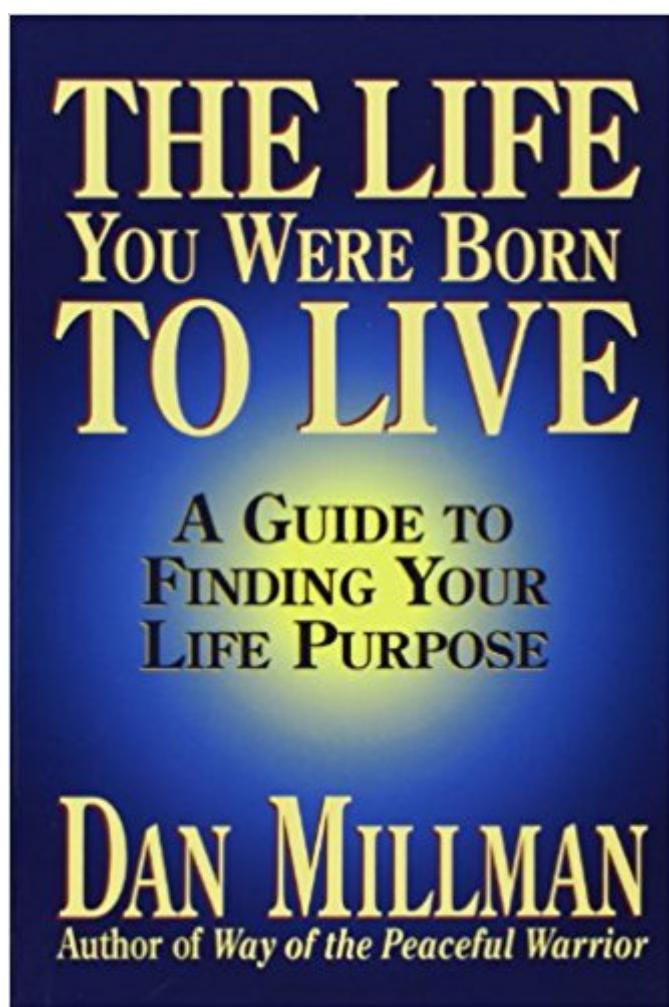


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# The Life You Were Born To Live: A Guide To Finding Your Life Purpose



## **Synopsis**

Dan Millman presents an entirely new way of understanding life and the forces that shape it. The Life-Purpose System, a modern method of personal growth based on ancient wisdom, has helped thousands of people find new meaning, purpose, and direction in their lives. *The Life You Were Born to Live* features: the thirty-seven paths of life how to determine your life path and the life paths of others core issues, inborn talents, and special needs of each path, including health, money, and sexuality guidelines for finding a career consistent with your innate drives and abilities the hidden dynamics of your relationships how to live in harmony with the cycles of life The Life-Purpose System explores key spiritual laws &#151; universal principles specific to each life path &#151; that help you clarify the past, understand the present, and shape the future. It can generate a quantum leap in self-understanding and may even change the course of your life.

## **Book Information**

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## **Customer Reviews**

"The Life-Purpose System is absolutely amazing in its predictive value. It will help you sort out your life and guide you on the path of fulfillment." --Deepak Chopra, M.D., author of *Ageless Body, Timeless Mind* --Deepak Chopra, M.D. Best-selling author Millman invites readers into the world of The Life Purpose System, a method of life-purpose analysis that is similar to numerology yet more practical, using the time of our birth as the indicator of right livelihood. Millman doesn't stop at discussing the eleven basic life paths or their several variations, but has much to say about the influence of spiritual laws, from flexibility and balance to discipline and perfection. Issues of relationship and the cycles of life complete this ambitious work. -- Napra Trade Journal, Holiday

1993The book is irresistibly accurate and helpful. Liz Bob says check it out. -- Liz Bob, New Leaf Magazine, January/February 1996There's no doubt I'm a Dan Millman fan - I've reviewed his last three books in the pages of this magazine. His latest book, *The Life You Were Born to Live*, is by far the most comprehensive and helpful primer for changing non-productive patterns of behavior. Millman's Life-Purpose System is designed to help you find new meaning, purpose and direction to your life. As a student of numerology, at first glance I thought it might just be an advanced numerological textbook, but upon further study I discovered a deeply-rooted tool to self-analysis (10 years of psychotherapy in 422 pages). By first calculating your Life Path number, (I'm a 24/6) you can determine your life purpose. Mine is Vision and Acceptance. Others might have to work on Trust and Openness, or Expression and Sensitivity, but Millmans book makes you realize that no matter what your life purpose is, you can attain it. My life purpose is to accept myself and others for their imperfection. When I read the description about myself, I was shocked. It told me everything that I often feel about myself but have not understood before. Instead of doing my best and letting it go, I often get bogged down in the process. As a result, things, and sometimes people, never quite come up to my expectations and I am always disappointed. As with all of Millman's books, there are only positive affirmations and ways to improve your feelings and actions. For each number combination, Millman helps you to understand your life purpose by working on health and relationship issues and determining your talents, work and financial abilities, as well as keys to fulfilling your destiny. All come together to allow you to truly understand yourself and the laws of spirituality that can change your life for the better. Like all regimens of study, Millman's Life Purpose System has to be practiced to be effective. In my case I saw that part of my problem is wanting things to happen immediately, and not wanting to wait for the process to take effect. I think I have taken the first baby step in trying to change, first by reading Millman's book and then by writing this review without worrying about whether is was perfect or not. (Well, maybe worrying a little) -- J.

Renee Lobenfeld, Whole Life Times, November 1993

To our readers: The books we publish are our contribution to an emerging world based on cooperation rather than on competition, on affirmation of the human spirit rather than on self-doubt, and on the certainty that all humanity is connected. Our goal is to touch as many lives as possible with a message of hope for a better world. - Hal and Linda Kramer, Publishers

An absolute MUST READ! I became interested in numerology in 2009 when I had an amazingly detailed reading that was more accurate than any horoscope or psychic reading I'd ever had. This

book dovetails nicely with the initial information I've been able to find about my lifepath and ADDS SO MUCH MORE! I've had epiphany after epiphany on my life's patterns after reading this book. HIGHLY RECOMMEND!

Such a really good book! I was upset that I had to purchase this book for a Reiki class that I was taking. I now have no regrets because I have discovered a lot about myself and other people I know because of this book. I mean seriously this book even spelled out why an ex of mine had married the partner he chose over materialist values and not being on his right path. It woke me up to understanding not just the choices that I've made for my life but also the choices others have made for theirs which turned out to be priceless information.

I was already a fan of numerology when I bought this book. When I read the initialprofile of my personal birth number, I was stunned. It described me to a "T" andgave me much food for thought, as well as a sense of direction. When I loaned it to a friend, she claimed to be turned off because it describedher own personality as a "caregiver." Well.....she IS a caregiver and she dislikedfacing the truth; but she also failed to look at all the solutions and directionsthat are offered by Mr. Millman. Excellent book.

Gave this copy as a gift because I have enjoyed using my copy for years.

Fascinating book if one is looking for more input into what one's path in life may be. I found it easy to read, but good to reread multiple times the sections that apply to one's self. And then there are the suggested approaches to improving one's skills that probably need to be reviewed regularly, if you believe in what the book has to say about your path. Even if you are skeptical of the conclusions, it provides some concepts to contemplate in your daily life, to help deepen your awareness of your actions and motivations.

The book changed everything for me. It's like the owners manual you never got when your born. The book is FULL of incredible information. Many people stop at just the calculation of the numbers but, the energy of relationships chapter is amazing, the spiritual laws that apply to your path help change your life game results and the indepth chapters for each of the numbers are very useful. Even the 9 year cycle information has helped in my life. There are a lot of numerical or numerology systems and books out there but this one, hands down, a mind blower. I use will all my clients and

recommend it in all my trainings for those who will be working with clients to understand them with a depth that could never be reached otherwise. This is a must have for every personal library!

My head shouts at me that the rationale behing this book - that the adding up of the numbers of our year, month & day of month can point to something unique about each of us - has just got to be sheer bunkum. But I tried it out, referring to the descriptions & subsequent prescriptions for self remedy in this sizeable book. And, though it doesn't make sense to me, it was a great help. You tell me why!Fact is, this book helped me get on top of some things about me that I was seriously confused & somewhat troubled about, with lots of self doubt concerning certain current matters in my life. It helped me name things better & it was right. Just the naming led me to insight & relief. I saw me in context more clearly. Then I could start on doing more work on bettering or accepting myself with Millman's guidance & other sources of help I draw on.Much recommended.

One of the best books ever. I have had it a couple decades and it has never led me or the other people I have recommended it for astray. I keep 2 copies on hand.

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